

RHEA SHAH
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EDUCATION

Hill Spring International School, (HSIS), Mumbai July 2021 - 2025

- **Grade 12 IBDP:** HL - Psychology, Biology, English A L&L, SL - Chemistry, Math AA, French B
- **Grade 10 IGCSE:** First Language English (A*), Literature in English (A*), French as a Second Language (A*), Biology (A*), Chemistry (A*), History (A*), Mathematics (A*), ICT (A)

STANDARDISED TESTING

SAT: Score - 1540 (English 770; Math 770) October 2023
IELTS: Score – 8.5/9 (Reading 8.5; Listening 8.5; Writing 8; Speaking 8.5) July 2024

ACADEMIC HONORS AND ACHIEVEMENTS

Certificate of Distinction, Avogadro Exam, University of Waterloo, *Mumbai* August 2023

- Awarded for placing within the top 10% (500/5096) of participants from around the world

Highest Scorer, French and Mathematics, HSIS, *Mumbai* August 2023

- Awarded for scoring 98% in the IGCSE French board exam from a cohort of 30 students
- Awarded for scoring 98% in the IGCSE Mathematics board exam from a cohort of 10 students

Highest Scorer, Psychology and Chemistry, HSIS, *Mumbai* June 2024

- Ranked first in Psychology out of 16 students in the Grade 11 final exams
- Ranked first in Chemistry SL out of 17 students in the Grade 11 final exams

Certificate of Completion, DELF B1 Exam, French Ministry of National Education, *Mumbai* May 2024

- Successfully completed the DELF B1 exam with a score of 80.50/100

Outstanding Delegate Award, Spring MUN, HSIS, *Mumbai* January 2022

- Awarded the Outstanding Delegate award for exceptional performance in Press Corps of Spring MUN

GENDER STUDIES EXPERIENCES AND RESEARCH

Research

Independent Researcher, *Mumbai* May - August 2024

- Authored a paper exploring the attitudes of various affluent Indians towards the LGBTQIA+ community
- Analysed their comfort levels with various LGBTQIA+ identities and views on issues like marriage equality
- Gathered data from 150+ participants and used statistical tests like Pearson correlation and ANOVA to analyze it
- Stated the need to implement targeted educational programs and adopt inclusive policies at schools and workplaces

Researcher, Mentor - Rachel Eliza Guetta, PhD Student, Clinical Psychology, Duke University, *Online* June - August 2024

- Authored a paper exploring the impacts of and coping mechanisms for Western media's portrayal of queer women
- Analysed 50 reliable sources to review harmful mental and physical health effects of fetishisation and objectification
- Curated comprehensive solutions and suggestions for media creators to showcase queer women in a positive light

Awareness, Empowerment and Training

Facilitator and Trainer, Gender Sensitization Workshops, *Mumbai* December 2023 - 2024

- Educated 50+ adults on concepts of gender, the importance of using pronouns and other common LGBTQIA+ issues
- Facilitated constructive dialogues with participants and answered questions regarding gender and sex
- Addressed misconceptions like pronouns are grammatically incorrect, and bisexuals are "confused" among others

Published Author, Beyond Labels: A Queer Guide, *Mumbai* December 2023

- Authored, designed and published a dictionary (A-Z Guide) of terms related to the queer community on Amazon
- Conducted in-depth research and compiled accurate information, fun facts and dispelled stereotypes

- Sold 75+ copies and donated profits to the Nazariya Foundation which provides shelter to queer couples

Summer Programs

Student, Gender, Sexuality and Queerness Course, Summer@Brown, *Brown University*

July 2022

- Engaged in one-on-one debates and discussions with Professor Yifeng Kai from Brown University
- Analysed topics like the hierarchy of sex, the documentary, “Paris is Burning”, and the roles of sex workers
- Wrote a research paper on the impact of colonisation on sexuality in India
- Recognised as the best student of the batch for securing an evaluation score of 98%

Outreach

Founder, Peace in Pride, *Online*

January - July 2024

- Designed and developed an online mental health support platform to share resources with the queer community
- Compiled several affirmations, journaling prompts and meditation videos on this website
- Curated a directory of NGOs, in India and overseas that connect users with mental health professionals

PSYCHOLOGY PERSUITS

Podcaster, Psych Unfiltered, *Spotify*

September 2022 - Present

- Curated 10+ podcast episodes on Spotify to simplify complex psychology concepts for audiences of all ages
- Covered topics like conditioning, localisation of functions and profiles of psychologists like Dr. Loftus
- Secured an average engagement of 80,000 interactions every month on the podcast

Writer/ Member, CogniWise Psychology Club, HSIS, *Mumbai*

July 2023 - May 2024

- Led efforts for Mental Health Day awareness in school through mindfulness initiatives like positive morning quotes
- Published articles on mental health challenges like exam anxiety and peer pressure
- Initiated campaigns for the introduction of Cognitive Behavioural Therapy in the club

Student, Experimental Psychology Course, Oxford Royale Institution, *Online*

June 2021

- Explored the history of psychology, and studied concepts like conditioning, functionalism, behaviourism
- Delivered an in-depth presentation on the Monster Study analyzing various unethical psychological practices like deception, lack of informed consent and protection from undue stress and harm
- Authored a research paper on Anna Freud, exploring her life’s work on child psychology and scored 98%

Intern, SRCC Children’s Hospital, *Mumbai*

June - July 2023

SRCC is a children’s hospital with a special EEIP department for children with autism and learning disabilities

- Worked with 15+ children, observed their symptoms and treatment of issues like autism and Down syndrome
- Created visuals like behavioural charts alongside psychologists to boost each patient’s neurological development
- Planned and executed physical activities to improve motor skills based on advice from medical experts

LEADERSHIP INITIATIVES

Co-founder, The Impact Institution, *Mumbai*

September 2021 - March 2023

- Founded an institution dedicated to creating opportunities for differently abled students
- Supplied 1000+ art kits to schools for differently-abled children like the SPJ Sadhana School
- Spearheaded awareness campaigns on respect towards the differently-abled through a website and Instagram account

Prefect of Discipline, HSIS, *Mumbai*

July 2023 - June 2024

- Effectively managed discipline during assemblies and enforced the school's code of conduct
- Implemented disciplinary measures such as bag and uniform checks across the student body
- Planned activities and events like Teacher's Day and Socials, as a member of the Student Council

Leader, Nature Club, HSIS, *Mumbai*

August 2024 - Present

- Founded and led the nature club at HSIS, uniting students through environmental education and hands-on creative projects
- Orchestrated the integration of art and biology, designing activities like leaf painting and terrarium building
- Facilitated eco-conscious initiatives for Rainforest Day, and created plantable bookmarks to promote sustainability

WRITING ENDEAVOURS

Blogger, Book Review, *Online*

August 2017 - Present

- Critiqued a diverse range of books and literature across genres and posted over 10 book reviews online
- Analyzed and interpreted literary elements like symbolism, and characterization for each book

Extended Essay, English Literature and Language, HSIS, *Mumbai*

August 2023 - Present

- Research Question: To what effect is women empowerment portrayed in Anne with an E?
- Analyzed key scenes through a multimodal lens, exploring narrative, symbolism, and character development to highlight themes of autonomy and gender roles

Published Author, *Online*

March 2020 - Present

- Authored and published 5 creative works, including one that garnered over 200,000 reads and several others with 20,000+ reads
- Developed a strong online following through engaging storytelling, character development, and consistent content creation

SKILLS AND INTERESTS

Languages: English, French and Hindi

Interests: Art History, Literature, Marine Biology, Psychology, Music (Ukulele), Scuba Diving, Poetry

Skills: Leadership, Public Speaking, Communication, Time Management, Adaptability